



Crochet a Helmet Liner

Materials: Size K and H hooks 6 oz. soft worsted weight 100% wool yarn

Gage with K hook = 4 sts per inch and 5 rows per inch.

Accepted colors for troops are tan, brown, olive, gray and black (black is preferred)

Size: Adult Large Crochet Notes: Made in rounds – that is, do not join and do not turn.

Other Notes: The headgear our military issues are usually made of synthetic fibers or blends and our troops in places like Afghanistan, Iraq and Kosovo are still cold.

Please use a soft 100% wool worsted weight yarn to keep them warm.

Rnd 1Form a ring around your finger, work 6 sc in ring

Rnd 22 scs in next 6 sts (12 sts)

Rnd 3(sc in next st, 2 scs in next st) 6 times (18 sts)

Rnd 4(sc in next 2 sts, 2 scs in next st) 6 times (24 sts)

Rnd 5(sc in next 3 sts, 2 scs in next st) 6 times (30 sts)

Rnd 6(sc in next 4 sts, 2 scs in next st) 6 times (36 sts)

Rnd 7(sc in next 5 sts, 2 scs in next st) 6 times (42 sts)

Rnd 8(sc in next 6 sts, 2 scs in next st) 6 times (48 sts)

Rnd 9(sc in next 7 sts, 2 scs in next st) 6 times (54 sts)

Rnd 10(sc in next 8 sts, 2 scs in next st) 6 times (60 sts)

Rnd 11(sc in next 9 sts, 2 scs in next st) 6 times (66 sts)

Rnd 12(sc in next 10 sts, 2 scs in next st) 6 times (72 sts)

Work over 72 sts until piece measures 7 inches.

EYE HOLE: Chain 22 ,skip 20 sts, continue working around until piece measures 10 more inches.

Fasten off and weave in ends.

Attach yarn anywhere in face hole and sc around with H hook. Fasten off and weave in all ends.