



MITTENS TO FIT

These mittens will fit your hands. I came with the idea of decreasing the number of stitches already at the bottom of the index finger in order to create mittens that fit closely to the hand. I was a bit annoyed of mittens that allow the fingers to “move” a lot, instead of wrapping them tightly. The pattern is very simple and is a good start for a beginner who wants to knit something easy or it could be used as a ground pattern for more sophisticated mittens with cables, colours, patterns, etc.

Size: S (M) L to fit an average women's/men's/larger hand.

Yarn: Any 4-ply sock yarn can be used. In this pattern I have used Misti Alpaca (50% alpaca, 30% merino wool, 10% silk, 10% nylon, 100 g – 400m). You will use approximately 50 grams of yarn, of course depending on the yarn you are using.

Needles: 5 double pointed needles in 2.5mm/ US 1. If you prefer to use the Magic Loop method, then you will need longer 2.5mm/ US 1 circular needles.

Tension: 30 sts and 41 rows = 10 cm/ 4” in stockinette stitch.

Notions: waste yarn, tapestry needle, stitch marker.

Abbreviations:

CO – cast on

DPN – double pointed needle

K -knit

K2TOG – knit 2 stitches together

P - purl

SSP – slip first stitch to right needle as if to knit, knit second stitch, and then pass the slipped stitch over the knitted stitch.

M1 – make one stitch. Here you can choose your own method, I have used the twist yarn method by making a half hitch, as for loop cast on, with the yarn on the right needle.

PM – place marker

BO – bind off

* - if you see the asterisk, you have to repeat the instructions. The amount of times is given right after the repeat is over e.g. * **K2, SSP, K2 (4) 6, K2TOG** * **3 times** you have to K2, SSP, K2 (4) 6, K2TOG

three times.

Important!

This pattern is very easy, almost the basics of making mittens, but you should be aware of not making the thumbs on the same side of the mitten. The thumbs should be made on the opposite side so the mittens can fit your hands. This is not an issue if you have two right/left hands. :-)

The right mitten:

CO 60/64/68 sts on 2.5 mm/ US 1 DPN's.

Rows 1-30: K2, P2, repeat to the end of the row.

Rows 31- 37: Knit.

Begin the thumb:

Row 38: K2, M1, K1, M1, knit to the end of the row 57 (61) 65sts.

Row 39 and all odd rows: Knit.

Row 40: K2, M1, K3, M1, knit to the end of the row.

Row 42: K2, M1, K5, M1, knit to the end of the row.

Row 44: K2, M1, K7, M1, knit to the end of the row.

Row 46: K2, M1, K9, M1, knit to the end of the row.

Row 48: K2, M1, K11, M1, knit to the end of the row.

Row 50: K2, M1, K13, M1, knit to the end of the row.

Row 52: K2, M1, K15, M1, knit to the end of the row.

Row 54: K2, M1, K17, M1, knit to the end of the row.

Row 56 (ONLY size M and L): K2, M1, K19, M1, knit to the end of the row.

Row 58: (ONLY size L): K2, M1, K21, M1, knit to the end of the row.

Now transfer all the stitches you have made (+ 1 st. in the middle) on a waste yarn 19 (21) 23 sts.

You will come back later to finish the thumb.

Continue with the mitten:

Next row: K2, M1, knit to the end of the row. 60 (64) 68 sts.

Knit 11 more rows.

After that continue as follows:

Row 1: K1, SSP, K24 (26) 28, K2TOG, K2, SSP, K24 (26) 28, K2TOG, K1. 56 (60) 64sts.

Row 2: Knit.

Row 3: K1, SSP, K22 (24) 26, K2TOG, K2, SSP, K22 (24) 26, K2TOG, K1. 52 (56) 60 sts.

Knit 7 more rows.

Next row: K1, SSP, K20 (22) 24, K2TOG, K2, SSP, K20 (22) 24, K2TOG, K1. 48 (52) 56 sts.

Knit 7 more rows.

Now you will begin to shape the top of the mitten.

Row 1: K1, SSP, K18 (20) 22, K2TOG, K2, SSP, K18 (20) 22, K2TOG, K1. **44 (48) 52 sts.**

Row 2: and every other row: Knit.

Row 3: K1, SSP, K16 (18) 20, K2TOG, K2, SSP, K16 (18) 20, K2TOG, K1. **40 (44) 48 sts.**

Row 5: K1, SSP, K14 (16) 18, K2TOG, K2, SSP, K14 (16) 18, K2TOG, K1. **36 (40) 44 sts.**

Size S:

Row 7: K1, SSP, K12, K2TOG, K2, SSP, K12, K2TOG, K1. **32 sts.**

Row 9: K1, SSP, K2, K2TOG, *K2, SSP, K2, K2TOG* 3 times, K1. **24 sts.**

Row 11: K1, SSP, K2TOG, *K2, SSP, K2TOG* 3 times, K1. **16 sts.**

Size M:

Row 7: K1, SSP, K4, K2TOG, *K2, SSP, K4, K2TOG* 3 times, K1. **32 sts.**

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Row 9: K1, SSP, K2, K2TOG, *K2, SSP, K2, K2TOG* 3 times, K1. **24 sts.**

Row 11: K1, SSP, K2TOG, *K2, SSP, K2TOG* 3 times, K1. **16 sts.**

Size L:

Row 7: K1, SSP, K16, K2TOG, K2, SSP, K16, K2TOG, K1. **40 sts.**

Row 9: K1, SSP, K4, K2TOG, *K2, SSP, K4, K2TOG* 3 times, K1. **32 sts.**

Row 11: K1, SSP, K2, K2TOG, *K2, SSP, K2, K2TOG* 3 times, K1. **24 sts.**

Row 13: K1, SSP, K2TOG, *K2, SSP, K2TOG* 3 times, K1. **16 sts.**

Bind off all sizes:

You have now 16 sts left on your needles. It will be easier for you to finish the top of the mitten if you transfer the stitches to only two needles. When you have done that, turn the mitten gently from the right side to the wrong side. Taking care of not to loose the stitches, pull the needles on the wrong side of the work.

Now hold both needles in your left hand. Pick up the first stitch from the back needle and transfer it to the front needle. Knit the transferred stitch with the next stitch on the front needle together.

Now pick up another stitch from the back needle and transfer it to the front needle together with the stitch you have on your right needle. Knit three stitches together. Keep transferring stitches from back to front needle and knit three together until you have worked all stitches on both needles. Cut the thread and turn the mitten to the right side again.

Finish the thumb:

Pick up the stitches you have placed on a waste yarn 19 (21) 23 sts. Knit the first row and at the end pick up 3 new stitches from the inside of the thumb so you can close any holes. Now you have 22 (24) 26 sts. Knit 16 (18) 20 rows OR until you reach the half of your thumbnail.

Continue as follows:

Row 1:

Size S: K1, K2TOG, repeat to the last stitch, k1. 15 sts.

Size M: K1, K2TOG, repeat to the end of the row. 16 sts.

Size L: K2TOG, K1, repeat to the last 2 sts, K2TOG. 17 sts.

Row 2, 4, 6 and 8: Knit.

Row 3:

Size S: K1, K2TOG, repeat to the end of the row. 10 sts.

Size M: K1, K2TOG, repeat to the last stitch, K1. 11 sts.

Size L: K2TOG, K1, repeat to the last 2 sts, K2TOG. 11sts.

Row 5:

Size S: K1, K2TOG, repeat to the last stitch, K1. 7 sts.

Size M and L: K2TOG, K1, repeat to the last 2 sts, K2TOG. 7sts.

Cut the thread about 20 cm/ 8" long and using tapestry needle pass the thread through the remaining stitches. Pull firmly to tighten the stitches.

Congratulations, your first mitten is ready!

The left mitten: Knit as if you knitted the right mitten, but remember to change the position of the thumb from the right side to the left side.